



## TODDLER ONE PROGRAM

Toddlers are learning and growing every day. We will encourage their development through hands-on play with interactive and developmentally appropriate materials. We will talk one-on-one with your child, really encouraging and developing language skills. Your child will play with stacking toys, wooden puzzles, push/pull toys, large manipulatives, music instruments, board books, blocks, art materials and dramatic play items. Our teachers will encourage the children to think, reason, question and experiment. We will teach your toddler self-help, toileting and social skills to become a successful preschooler.

### TODDLER ONE DAILY SCHEDULE

|               |  |
|---------------|--|
| 6:30 - 8:30   | Arrival /Free Play                                 |
| 8:30 - 9:00   | Snack/Centers/Lap Reading/Clean-Up                 |
| 9:00-9:15     | Diaper Changes/Table Toys                          |
| 9:15-9:30     | Morning Welcome                                    |
| 9:30-10:00    | Circle Time/Library                                |
| 10:00 - 10:30 | Outside Play/Large Muscle Activities               |
| 10:30 - 11:00 | Sensory Table/Art/Diaper Changes                   |
| 11:00-11:15   | Prepare For Lunch                                  |
| 11:15-11:45   | Lunch  |
| 11:45-12:00   | Prepare for Rest Time/Finish Diaper Changes        |
| 12:00-2:00    | Rest Time  |
| 2-2:30        | Quiet Play/Clean-up/Diaper Changes                 |
| 2:30-3:15     | Snack/Sensory Table/Clean Up/or Mutli Purpose Room |
| 3:15-3:45     | Outside Play/or Snack/Sensory Play                 |
| 3:45-4:00     | Free Play/Diaper Changes                           |
| 4:00-4:30     | Music and Movement                                 |
| 4:30-5:00     | Art Exploration                                    |
| 5:00-5:30     | Lap Reading/Centers/Clean Up                       |
| 5:30-6:30     | Free Play /Departure                               |

\*\*Diapers changed every 2 hours or as needed\*